



Home Group Study: Week Beginning 16th July 2023

TITLE: Mountain Movers – Red Sea

PASSAGE: Exodus 13: 17 – 22 & Ch 14

Introduction:

When you were little were you afraid of the dark? If you were, what did you think would happen when the lights went out?

Do you remember how you used to overcome this?

Read Exodus Passage – (it's a long passage but it is the entire story)

Discuss

What immediately stands out in the passage? Does anything surprise you?

What fears are the Israelites facing?

How do they respond to their fears? Would you say their fears overcome them?

(Read – Mark 4:35-41 'Jesus Calms the Storm' – what are the similarities here with Jesus' disciples?)

Can you relate to the Israelites and Disciples when facing fear? How do you respond?

What can we see in the similarities between how Moses and Jesus respond? What can we learn from this?

How can naming our fears specifically help us? Tim mentioned renaming the characteristics and promises of God over our fears – is this something you've done before? How could this be helpful?

Has anyone got any stories of calling their fears to be still in different moments and how you did this? Perhaps the group can share specific worship songs or verses that individuals hold onto when they're feeling afraid?

God brings about deliverance to the people of Israel and the disciples in the stories. What do we see of God's provision and deliverance in this story?

Have you got any stories of when God delivered you safely through a tricky time or in an unexpected way?

Pray together: *(This is not just about the church – whatever we're facing right now let's pray together)*

Let's pray over our fears & worries and give them to God.

Let's pray for God's deliverance in situations.

Prayer points from the communication:

- a) Pray for God's will over us as a church.
- b) Pray for us as leaders, for our Elders and Trustees as we make decisions for the future.
- c) Pray for God's provision for us as a church in leadership and finances.